



**THE
COMPASSIONATE
FRIENDS**
PIKES PEAK CHAPTER
Supporting Family After a Child Dies



April/May, 2018

STEERING COMMITTEE

CHAPTER LEADER

Currently Open

MAILINGS & DATABASE

Jane & Steve Gabriel

Son, Jonathan Steven Gabriel

TREASURER

Ruby Doyle

Son, Patrick Michael Doyle

NEWSLETTER EDITOR & EMAILINGS

Stewart Levett

Son, Aaron Paul Levett

SC MEMBER/FACILITATOR

Chaela Christianson

Son, Damon Vincent Christianson

SC MEMBER/WELCOME PACKETS

Leta Levett

Son, Aaron Paul Levett

SC MEMBER/FACILITATOR

Ron Agee

Daughter, Melody Victoria Agee

TELEPHONE FRIENDS

Any of these members may be contacted to talk about your loss:

DRUG / ALCOHOL LOSS

STEWART & LETA LEVETT - 719-531-5488 *

LEUKEMIA

JANE & STEVE GABRIEL - 719-282-1924 *

ADULT CHILD / SUDDEN DEATH

CHAECLA CHRISTIANSON - 719-687-6688 *

SKATEBOARD / AUTO ACCIDENT

RAYE WILSON - 303-814-9478

MOTORCYCLE DEATH

STEVE SEIFERT - 719-331-6455

*Steering Committee

Welcome

Our support group meets on the 3rd Thursday of each month at 7 p.m. Meetings are open to the parents, grandparents and older siblings of your loved one. We meet at the First Baptist Church downtown at 317 E. Kiowa. We understand your pain; won't you let us help you through your grief?

Our next meeting will be on May 17, 2018.

The death of your child is probably the most traumatic, life-changing event that you will ever experience. The Compassionate Friends is an organization of parents who have also lost a child to death. Each of us has experienced the deep, searing pain that you are feeling now. Each of us has turned to other parents who were farther into their grief journey for guidance, support and understanding. This is done through our monthly meetings, our newsletter, our website, our Telephone Friend program, our library and our e-mail program. Each month parents find our meeting to be a safe place where they can talk about their pain and problems with others who are uniquely qualified to understand; bereaved parents offer gentle suggestions or often simply listen. We invite you to bring a friend to your first few meetings until you feel a level of comfort with the group. Do not be surprised if we talk about the happy times with our children, the wonderful memories and the various methods we have created to keep our children close to us. It is here that many bereaved parents find hope as those who are more seasoned in their grief shine the light of experience to help illuminate each grief path. We have no dues. We are self-sustaining through donations and the generosity of so many in our community.

'Am I still a
mother, as I have
no child with me',
My reply is this,
'If you have held a
child in your womb
you are a mother,
and I can think of
no one who deserves
that accolade more,
than those who
have had to give
their child back'.
Zoe Clark-Coates

- sayinggoodbye.org



If Heaven Had A Window

If heaven had a window and God granted me a view,
of all the beauty it beholds I'd only look for you.

I'd listen for your laughter that was always music to me,
your beautiful hair and hazel eyes are what I'd wish most to see.
If I could only view once more the smile that warmed my heart,
I'd treasure that moment as long as I live and we must be apart.

Here on earth I search for you and pray to God for signs,
and every day that passes you're still with me in my mind.
I know you're happy in heaven, you've earned your mansion indeed,
I imagine your kitchen table and your waiting there for me.

I love you and I miss you more than words can say,
and what I wouldn't give just to talk to you today.

I hope that you can hear me and listen to my thoughts,
and wherever this life takes me you know I've not forgot.

That once upon a time I was blessed and loved it's true,
and if heaven had a window I'd only look for you.



Michaela R. Christianson
In Loving Memory of Her Son
Damon Vincent Christianson

WHAT GRIEVING MOMS WANT FOR MOTHER'S DAY

Acknowledgement is what grieving mother's want most for Mother's Day, suggests a survey by thecomfortcompany.net a website that specializes in meaningful sympathy gifts. The online survey asked, "What can others do to ease your pain on Mother's Day?" Over 80 percent of the 200 respondents answered, "Recognize that I am a mother."

"While Mother's Day is generally considered to be a day of celebration, for many women it is a day of pain and loss," says Renee Wood, former social worker and founder of the Comfort Company. "It's important to remember those moms who have had a failed pregnancy or who have lost a child at any age." In response to the survey result, The Comfort Company has issued a list of ten simple ways to reach out to a grieving mother on this difficult holiday.

Recognize that they are a mother. Offer a hug and a "Happy Mother's Day." Send a card to let them know you remember they are a mother even though their child is not with them physically.

Acknowledge they have had a loss. Express the message, "I know this might be a difficult day for you. I want you to know that I am thinking you."

Use their child's name in conversation. One mother responded, "People rarely speak his name anymore, but when they do it's like music to my ears."

Visit the grave site. Many a mother felt it was extremely thoughtful when others visited their child's grave site and left flowers or a small pebble near the headstone.

Light a candle. Let the mother know you will light a candle in memory of her child on Mother's Day.

Share a memory of a picture of the child. Give the gift of a memory. One mother wrote that the "greatest gift you can give is a heartfelt letter about my child and a favorite memory with them."

Send a gift of remembrance. Many mothers felt a small gift would be comforting. Suggestions included an angel statue, jewelry, a picture frame or a library book donated in the child's name.

Don't try to minimize the loss. Avoid using any clichés that attempt to explain the death of a child ("God needed another angel.") Secondly, don't try to find anything positive about the loss ("You still have two other healthy children")

Encourage self-care. Self-care is an important aspect of the "healing the mind and spirit effort" according to several mothers. Encourage a grieving mother to take care of herself. Give her a gift certificate to a day spa or any place where she can be pampered.

—Renee Wood
www.thecomfortcompany.net



THE COMPASSIONATE FRIENDS

PIKES PEAK CHAPTER
Supporting Family After a Child Dies



April/May 2018
Page 3



Welcome New Friends.

Bryan & Jennifer Blew - Son Sam Blew
Monica Meade - Daughter Kiana Meade
Mia Gayle - Son Tyrese Gayle

At nearly every meeting we welcome new members to our group, always with mixed emotions. We are glad you found us, but we are so sorry for the circumstances that bring us together. We understand your pain; we hope our unconditional friendship and understanding will help you through your grief. Attending a meeting for the first two or three times takes courage, but for many it is the first real step toward healing. It may seem overwhelming, so we encourage you to come to several meetings to give yourself a chance to become comfortable.

TO OUR NEW MEMBERS

Coming to your first meeting is the hardest thing to do. Try not to judge your first meeting as to whether or not TCF will work for you. The second, third, or fourth meeting might be the time you will find the right person or just the right words that will help you in your grief or comfort you. Remember we have all been there and even though circumstances may be different we really do understand. You are not alone.

TO OUR SEASONED MEMBERS

We need your encouragement and support. You are the string that ties our group together. Each meeting the pain will not always be this bad it really does get better with wisdom. Show others that there is hope, from someone who has found it.

Digital Picture Frame - If you've been to one of our monthly meeting then you've noticed our large digital picture frame displaying picture of our children. Should you be interested in adding your child's picture to our display, please bring a picture to scan to our meeting or (preferred) email the picture, along with child information to Stew Levett at PikesPeakTCF@gmail.com
Pictures will be returned after they have been scanned and your child's slide completed.

ORGANIZATIONAL CONTACTS

TCF National Office

P.O. Box 3656

Oak Brook, IL 60522

630-990-0010 or toll free 877-969-0010

Email:

nationaloffice@compassionatefriends.org

WEBSITES:

Pikes Peak - www.TCFPikesPeakChapter.org

Facebook - <https://www.facebook.com/TCFPikesPeak>

National - www.compassionatefriends.org



Kim Gerringer

In Loving Memory of Her Daughter
Lynn Gerringer

Chaplain Gene Steinkirchner
C.S.P.D.

Ruby Doyle
In Loving Memory of Her Son
Patrick M. Doyle

The Hill Family
In Loving Memory of
Kyle Curtis Hill

Miriam Gentry
In Loving Memory of
Joseph Gentry Richardson



Anticipating Mother's Day

Before we lost our children to death, Mother's Day was a happy time. We each reflect back on Mother's Days past.....gifts, cards, special memories and one day set aside to acknowledge the best in our relationship with our treasured children.

With the death of our child, this dynamic was forever transfigured. Now, instead of looking forward to this day, we grasp at anything that will keep our minds away from it. Yet the anxiety still creeps into our minds and hearts; our stomachs churn and tears fill our eyes at the most inopportune moments. The dreadful countdown begins in late April and lasts for nearly three weeks.

This is the eighth Mother's Day I have endured since the death of my son. Each year I have the same, desperate anxiety, yet each year the day is a bit easier to handle. Each year the anticipation is far worse than the day itself.... "borrowing trouble" as my dad would say. Since my son is my only child, I do not have the comfort of other children nor do I have the need to put on a happy face. Instead, I am able to choose what I will do without feeling the burden of guilt. While my first Mother's Day was filled with tears, subsequent Mother's Days have been more subdued. The choice to embrace or ignore Mother's Day is yours alone. Many bereaved mothers adopt a new perspective which honors their child and still gives normalcy to their family. Mother's Day is bittersweet for us. The pain is part of the love that we will feel for our children for eternity. We wouldn't trade one treasured moment for a cosmic reduction of our pain. Some of us plan the day carefully. Some of us just "go with the flow". Some of us weep; some of us work.

Some of us read; some of us revel in this special moment set aside just for mothers. Each of us makes a choice that is based on our own truth.

The day itself is not nearly as overwhelming as the build- up of anxiety and sadness which precedes it. I have found this to be true of all holidays, birthdays, death anniversaries and special occasions. I am trying to live in the moment. When the moment of Mother's Day happens, I will decide what I should do. I refuse to let others pressure me. I refuse to become maudlin over greeting card commercials and heart grabbing point of purchase marketing efforts. I will not be manipulated by the agenda of others.

But on Mother's Day, as on each day of the year, I will think of my son, remembering the child he was and the man he became. I will honor his life by doing the best I can with what is left of my life. I will remain in the moment and treasure my memories. And for this mother, that is enough.

Annette Mennen Baldwin In memory of my son, Todd Mennen TCF, Katy, TX



Remembering Our Children On Their Birthdays - April

Child's Name	Birthday	Compassionate Friend
Michael Robert Pugh	Apr 2	Robert & Donna Pugh
Sarah Ness	Apr 2	Mary Ness
Christie Fike	Apr 2	Shirley & Dan Emerson
John Andrew Schoen	Apr 2	Joyce Schoen
Michael Zwirlein	Apr 3	Chris Zwirlein
Kaitlin Bartlett	Apr 3	Kim Bartlett
Gabriel King Mixon	Apr 3	Rhonda Wilson
Steven James Gantz	Apr 4	Diana Gantz
Colin Robert Spangenberg	Apr 5	Lois Spangenberg
Mike Mozo	Apr 5	Valerie Kirchhofer
Heidi Susanne Wolfe	Apr 6	David & Karen Wolfe
Joseph Gentry Richardson	Apr 6	Miriam Gentry
Acacia Barbara Clen	Apr 8	Cindy Santarte
Tommy Kinslow	Apr 9	Pam Kinslow
Julie Bankston	Apr 13	Peggy Bankston
Zachary Nicholas Hoke	Apr 16	Debra & Steve Hoke
Jonathan Steven Gabriel	Apr 19	Steve & Jane Gabriel
Caleb Norris	Apr 19	Keith Norris
Colby McCarley	Apr 19	Tami Sisneros
Bryan Michael Womeldorff	Apr 20	Shawn Brown
Beau Matthew Begier	Apr 20	Don & Gina Begier
Jake Holm	Apr 20	Eric & Kalyne Holm
William Murphy	Apr 21	Deb Murphy
Tyrone Elliott Bautista	Apr 22	Rosemary Devney
Miguel Meza	Apr 24	Susan Meza
Logan Jude Swearingen	Apr 26	Stephanie & Landon Swearingen
Steven Miller	Apr 27	Mike Miller
Juan Marine	Apr 29	Pamela Marine
Sara M. Losasso	Apr 30	Cindy Losasso
Micah David Smilser	Apr 30	Robin Myers
Kaden France	Apr 30	Jeremy & Sarah France



Remembering Our Children On Their Anniversaries - April

Child's Name	Age	Anniversary	Compassionate Friend
Richard McShan	23 years	Apr 1	Paul & Angelika McShan
Erin Marie McCallister	3 weeks	Apr 2	Steve & Carol McCallister
Matthew John McCallister	22 years	Apr 3	Steve & Carol McCallister
Brian Patrick Adair	13 years	Apr 4	Duane & Mary Adair
Skylar Lynn Boyle	22 years	Apr 4	Cathleen Boyle
Abraham Daniel Boukhari	18 years	Apr 4	David & Deborah Woodrow
Kristie Diaz	26 years	Apr 7	Julie Diaz
Douglas Radowski	41 years	Apr 8	Renee Roettger
Lindsey Everding	18 years	Apr 10	Trena Everding & Dave Kiefer
Kyle Snyder	24 years	Apr 10	LuAnn Walters
Rocke Lee Corley	42 years	Apr 11	Jeanne Corley
Patrcia Elliott	19 years	Apr 11	Connie and Dave Elliott
Timothy Scott Williams	27 years	Apr 12	Lea Blanc
Lindsay Jean Morris	20 years	Apr 12	Linda Morris
Michael Robert Pugh	13 years	Apr 12	Robert & Donna Pugh
Eric Johnson	22 years	Apr 13	Gary Johnson
Michael Eck	15 days	Apr 14	Patricia Eck
Karey Ackerman	40 years	Apr 14	Bob & Joann Zelins
Dennis Lynn Gerringer	16 years	Apr 16	Kim Gerringer
Sarah Sunshine Wedekind	30 years	Apr 16	Lorry Pearson
Richard "Richie" Petras	3 years	Apr 16	Richard Petras
Acacia Barbara Clen	13 years	Apr 16	Cindy Santarte
Naomi Katherine Schwartz	1 year	Apr 16	Tim & Sonoko Schwartz
Jayden Pierce	4 months	Apr 17	Dawn Hendricks
Dawn Michelle Wiley	21 years	Apr 18	Luanne Wiley
Jalynn Cameron	4 months	Apr 19	Jessica Cameron
Miguel Meza	20 years	Apr 19	Susan Meza
Forrest Kelly	27 years	Apr 20	Cindy Bronner
Leah Rae Wiley	23 years	Apr 21	Russ & Kelly Wiley
McKenzie Boutin	17 years	Apr 25	Colleen Boutin
Gary Carlson	44 years	Apr 25	Phil & Rose Carlson
Blaine Joseph Steele	15 years	Apr 26	Paul Petta
Philip Samuel Schlenoff	24 years	Apr 26	Natasha Schlenoff
James Bishara	19 years	Apr 27	Phebe Bishara
John Andrew Schoen	55 years	Apr 27	Joyce Schoen
Sarah Lowes Robertson	43 years	Apr 29	Barbara Ball
Micah David Smilser	1 day	Apr 30	Robin Myers
Clay Cline	53 years	Apr 30	Arlene Robush



THOUGHTFUL POEMS

The Listener

I have told you the story,
more than a hundred times
So it seems.
And you have heard me again,
more than a hundred times
So it seems.
One day, will I be able
to tell you how thankful
I am for your listening,
unfailing friend?
How thankful I am to you
for your quiet attention,
for your sweet understanding,
for your generous heart –
You have made me remember
the meaning of laughter and home,
You have made me remember life
more than a hundred times
So it seems.
by Sascha Wagner
© 2008 The Compassionate Friends

If I Knew

I come to your grave today
Though it's raining you needn't care.
You're safe and warm where you are
In the heavenly realms that you share.
I come with a heavy heart
With flowers you cannot see,
Or can you, my little one?
Some day I know it will be.
I come with tears in my eyes,
With love in my heart for you.
I wonder what might have been
Can you hear what I say to you?
If I knew you could feel all the love,
And know all the dreams that I had,
If you felt the welcoming arms,
Then my heart wouldn't be so sad.

By Elizabeth Dent - TCF, West Central Iowa

Things That Catch Us Off Guard

~ Dave Wilkinson, TCF Green Bay, WI ~

For those who have experienced the loss of a child we know that grief can often catch us off guard, like a wave that seems to come out of nowhere and overwhelms us. Henry James, American author, psychologist, and philosopher, once wrote, "Sorrow comes in great waves ... but it rolls over us, and though it may almost smother us, it leaves us. And we know that if it is strong, we are stronger, inasmuch as it passes, and we remain."

I had a new appreciation of that fact when on vacation in Hawaii in April. My wife and I watched the waves roll onto the beach. Some high school boys were playing in the surf using boogie boards. We decided to experience the waves for ourselves. We ventured out and suddenly a wave was rolling over us that peaked about five feet over our heads. It knocked me off my feet. It knocked my wife into an uncontrollable spin until she washed up on shore.

When you are in the midst of a wave of grief it can feel overwhelming and uncontrollable. You can feel as if you are drowning. But when the wave passes, you realize that you have remained. You are stronger than the grief. You will survive.

Another thing that can catch us off guard is special occasions. May and June seem to be full of them: the graduation of a class our child would have been in; the first, or maybe tenth, Mother's Day or Father's Day without our child, church events like confirmation. They can all catch us off guard. As with those waves I mentioned earlier, it might be best to face them head on and dive right into them. Then we are in control. One more thing I was surprised and caught off guard by (saying that sounds redundant) was humor and laughter. When you are experiencing the very fresh and sharp pain of grief, laughter seems so out of place. But as time went by I remember appreciating laughter, just as I began to appreciate again the smell of flowers or the chirping of birds. When that point happens will be different for each grieving parent. But it is a sign of hope, just as the new buds of spring are a sign of hope. Our monthly support group offers hope. Hope that the sharp pain of grief will go away. Hope that I can begin to remember my child's life more than their death. Hope that I will survive. Hope that I will laugh again. Come and share in that hope. We need not walk alone.

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Seeking Contributors

We are always looking for material from our chapter members to include in this newsletter. It is the perfect way to share your child, grandchild or sibling with all of us. Tell us about the special things you did in their memory or simply tell us the special things you will always remember and keep close to your heart. It is a beautiful way for us to get to know more about your loved one. It unites us as a bereaved family and it will help us all to become closer. Where there is unity, there is strength, strength that we can give to and draw from one other.

We would also welcome any book reviews. If you have read a book that has helped you on your journey please tell us about it. There are many, many grief books out there. Some will be more healing than others. It is so helpful to be guided to the right ones. Please forward any writings, poems, book reviews etc. to Stew Levett

PikesPeakTCF@gmail.com or you may use the U.S. Mail and send it to me at 160 El Dorado Ln., Colorado Springs, CO 80919.

Button, Button, We'll Make You A Button!

We have purchased a photo button machine and we are ready to start making your picture buttons. Bring 2 copies of the SAME picture to your next meeting and we will have it ready for you the following month. THIS IS A FREE SERVICE TO YOU.

Please bring your pictures to any of our monthly meetings. We will need a 3"x5" or 4"x6" photo of your child but would prefer NOT using the original photo. We suggest using Walgreens who can quickly make good 4"x6" copies from your original.

For best results make sure the photo of your child is centered and not too close to the edge or the results may not turn out as expected.

We are requesting one photo button per family to get started. Thereafter we will be able to make additional buttons for each member of the family as time and labor allows. Also, for those who have lost more than one child, we will gladly make a button for each child.

TCF asks for donations in memory of our children who have died.

Our chapter is funded solely through donations; therefore we sincerely appreciate your support. Your generosity helps us send newsletters, purchase brochures and cover the many expenses to help grieving families in our community. All donations are tax deductible. You and your child's name will be noted in the next newsletter. Workplace "Matching Gift" programs can increase your donation by 50-100%. Please help us help others by making a LOVE GIFT today.

The Wounded Heart

Children have preceded their parents in death for eons of time. We are not the first, nor will we be the last to enter the realm of Bereaved Parents. But for now – right now - it is Our Hearts that are freshly wounded and Our Hearts in need of mending.

Wounded hearts must be allowed to mourn and lament their loss; to pour out their pain, agony, sadness, hurt, and anger; and to release their well of tears. Wounded hearts need to be wrapped in quietness, gentleness, and compassion, away from the turmoil of daily life.

A wounded heart not allowed to mend from the depth of its agony, will be as an abscess- to swell and undermine – erupting at a distant time. Or, suppressed, will slowly choke the spirit of its host. Only the bearer will know when his heart has healed.

The wounded heart, encouraged and given the time and freedom to mend, will carry in its chambers the memory and shared love of a precious child. - *Nancy Green, TCF, Livonia, MI*



Love Gift Donations

A "Love Gift" is a wonderful way to remember your child, while also helping our TCF chapter "reach out" to bereaved families. There is no charge to attend meetings, use the library, or receive the newsletter. We depend solely upon these gifts, monetary or gifts-in-kind, to support our chapter. You may choose to donate a tax deductible "Love Gift" at any time. Let us be here for the families who do not know today that they will need us tomorrow.

Our chapter exists entirely through your donations which are tax deductible. A Love Gift is money donated to the chapter in memory of your child who has died. If you feel a Love Gift is an appropriate way to honor the memory of your child, please consider a donation, large or small. Please fill out the form located in this newsletter and mail it to the address listed. All pictures submitted will be electronically scanned and added to our electronic Child Remembered "Picture Frame" displayed at monthly meetings and then returned to you.

SUBMISSION GUIDELINES

\$50 or more - Newsletter Sponsor. May include a full page for printing. Please remember to send your page "Copy Ready" as you would like to see it printed in the newsletter.

\$25 up to \$50 - A picture, if available, and dedication to be listed in the newsletter.

\$0 up to \$25 - A Love Gift acknowledgement. All Love Gift donations should be sent directly to our treasurer, Ruby Doyle whose address is listed on the Love Gift Donation Form. Wouldn't you like to make a dedication to your child and help our chapter?

**⇒ Send Love Gifts to Ruby Doyle, 6552 Lange Drive Colorado Springs, Co 80918 ⇒
Thank you for contributing and supporting the work of our local chapter!**

LOVE GIFT DONATION

Costs are rising. We need your Love Gift to support our chapter & newsletter! If you can, please help.

I would like to make a donation ☐ in Memory of ☐ a Chapter Gift

In loving memory of: _____

Love Gift Donation: \$ _____ Please make check payable to: The Compassionate Friends

Cut and mail this form with your Love Gift to: Ruby Doyle – 6552 Lange Dr. – Colorado Springs, CO 80918

Contributor Name & Address: _____

Relationship: ☐ Son ☐ Daughter ☐ Grandson ☐ Granddaughter ☐ Friend ☐ Other

Photo Enclosed: ☐ Yes ☐ No

Photo To Be Returned: ☐ Yes ☐ No



Remembering Our Children On Their Birthdays - May

Child's Name	Birthday	Compassionate Friend
Cody Darby	May 1	Lori & Steve Darby
Chris Weisenborn	May 1	Gina Weisenborn
Alexander Beall	May 1	Haven Stillwater
Robyn Kulas	May 2	Patty Kulas
Harvey Nicole King	May 2	Jerima King
Susan Gordon	May 3	Mr & Mrs Arthur Gordon
Sara Hernandez	May 4	Kathy Hernandez
Martin Joseph Lanoue	May 4	Judy Lanoue
Patrick Niedringhaus	May 5	Leah & Dave Niedringhaus
Abbi Rose Starzynski	May 5	Sherry Starzynski
Anthony Paul Gratton	May 5	Luci Abrahamson
Jay Simco	May 5	Loretta Chancellor
Douglas Radowski	May 7	Renee Roettger
Jose N. Camacho	May 8	William & Veronica Camacho
Gregory Randall Davis	May 9	Cora Davis
Devin John Seifert	May 11	Steve & Debbie Seifert
Thomas Rosenkranz	May 11	Carolyn Kochis
Avery Keirse	May 12	Carissa Keirse
Henry Rael	May 13	Maria Rael
Malik Boykins	May 14	Matissa Dunkley
Malachi Mooneyham	May 14	Damien Mooneyham
Jacob Hunter Smathers	May 14	Patty, Becky & Renee Smathers
Liam N. McDougal Lasher	May 15	Ashley Snyder
Ashley Meston	May 15	Jerry Meston
Kyle Lyon	May 16	Tami Lyon
Andrew Paul Weaver	May 16	Valerie Lightbody
Denise Elaine Bear	May 16	Dona & Tanya Flores
Michael Benjamin Decker	May 16	Mary & Jerry Decker
Reanna Maria Reedy	May 17	Carol Reedy
Jason Fields	May 17	Teresa Fields
Jeremiah Martinez	May 18	Lionel & Geri Martinez
Rocke Lee Corley	May 18	Jeanne Corley
Kai Milner	May 19	Petra Milner
Ryan Colgrove	May 20	Theresia Colgrove
Brian Michael Gregory	May 20	Roy & Phyllis Gregory
Jeremy Laurence	May 20	Ted & Sherrill Laurence
Kara Nichols	May 20	Julia Nichols
Jonathan Ell-Duncan	May 20	Dan & Becky Duncan
Joshua C. Attardi	May 23	Paula Attardi
Douglas Michael Gratton	May 23	Luci Abrahamson
Jeffrey Russell Schumaker	May 23	John & Vera Schumaker
Patrick Michael Doyle	May 24	Ruby Doyle
Skylar Lynn Boyle Ringland	May 24	Cathleen Boyle
Gary Michael Owens	May 24	Freda Maria Garcia
Erica Lynn Groat	May 25	Linda Groat
Tristan Millman Troeger	May 25	Lisa & Joel Millman
Audrina Elyse Escano	May 25	Chris & Christina Pearson
Jordan James Miranda	May 26	Mike & Jonette Miranda
Damon Vincent Christianson	May 30	Chaela Christianson
Andrew Uveges	May 30	Joe & Kisten Uveges



Remembering Our Children On Their Anniversaries - May

Child's Name	Age	Anniversary	Compassionate Friend
Dylan Sagraves	30 years	May 1	Lance & Terri Hill
Shawn Adelgren	20 years	May 2	Russ & Dee Adelgren
Julie Bankston	25 years	May 4	Peggy Bankston
Alyanna Livingston	4 months	May 4	Kirstin Klinkerman
Martin Joseph Lanoue	1 day	May 4	Judy Lanoue
Malachi Mooneyham	18 years	May 4	Damien Mooneyham
Jason Lamb	32 years	May 5	Jan Lyons-Lamb
Douglas Chadwick, Jr.	26 years	May 6	Deborah Chadwick
Daniel Foreman	7 years	May 8	Jan Foreman
Jacob Foreman	10 years	May 8	Jan Foreman
Andrew Talley II	27 years	May 8	Jackie Talley
Joshua Cesar Menendez	1 year	May 10	Dianna Castellanos, Julio Melendez
Marcus Richards	38 years	May 10	Martha Williams
Kendall Ford Young	14 years	May 11	Ford & Ann Young
Justin A. Clayton	16 years	May 12	Terry & Sharon Clayton
Genevieve Sucharski	18 years	May 12	Mark and Karen Sucharski
Branden Howland	17 years	May 13	Julianne Howland
Kaden France	2 weeks	May 14	Jeremy & Sarah France
Joshua Aaron Munkirs	25 years	May 14	Dana & Laura Munkirs
Jason Nathaniel Lurch	23 years	May 15	Kathleen & John Lurch
Riley Calen Winters	15 years	May 15	Lucrecia & Joel Sjoerdsma
Gavin Perez	2 years	May 16	Shannon Paolini
Brandon Naymik	18 years	May 16	Megan Riley
Paul Kovacevic	29 years	May 17	Mary Kovacevic
Tyrone Binnebose	2 years	May 18	Natasha Binnebose
Kimberley Dawn Leir	6 years	May 18	Adaline and Herb Leir
Jeremiah Martinez	1 day	May 18	Lionel & Geri Martinez
Michael Williams, Jr.	28 years	May 18	Carmen Randall
Kai Milner	16 years	May 19	Petra Milner
Kira Ann Schager	5 years	May 19	Frank & Lori Schager
Andrew Uveges	15 years	May 19	Joe & Kisten Uveges
James Wiezorek	31 years	May 20	Mary Beringer
Eric Evans	26 years	May 21	Linda & Dick Evans
Christopher Clayton	22 years	May 22	Eric and Janice Hodson
Christopher J. Novich	15 years	May 22	Susan & Joe Novich
Mark Anthony Hickman	22 years	May 23	Aundria & Dennis Casey
Zachary Nicholas Hoke	6 years	May 24	Debra & Steve Hoke
Zack Orr	12 years	May 25	Dave & Sharon Orr
Carl Simco	27 years	May 28	Loretta Chancellor
Leah Ann Trutna	21 years	May 28	Steve & Phyllis Trutna
Nicholas Clare Cousineau	3 years	May 29	George & Chris Cousineau
Gina Marie Geffre	14 years	May 29	Joann Jahraus
Michael William Sarmento	46 years	May 29	Donna (Sarmento) Pugh
Nicolas Jay Broughton	18 years	May 30	Rose Broughton
Mallory Paulene	1 year	May 30	Celine & Gary Hendrickson
Kyle Curtis Hill	21 years	May 31	Ursula Hill



The Compassionate Friends
Pikes Peak Chapter
PO Box 51345
Colorado Springs, CO 80949-1345

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